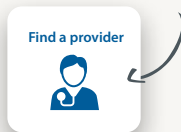


Find a provider

Finding a network provider on **umr.com** or the **UMR app** has never been easier

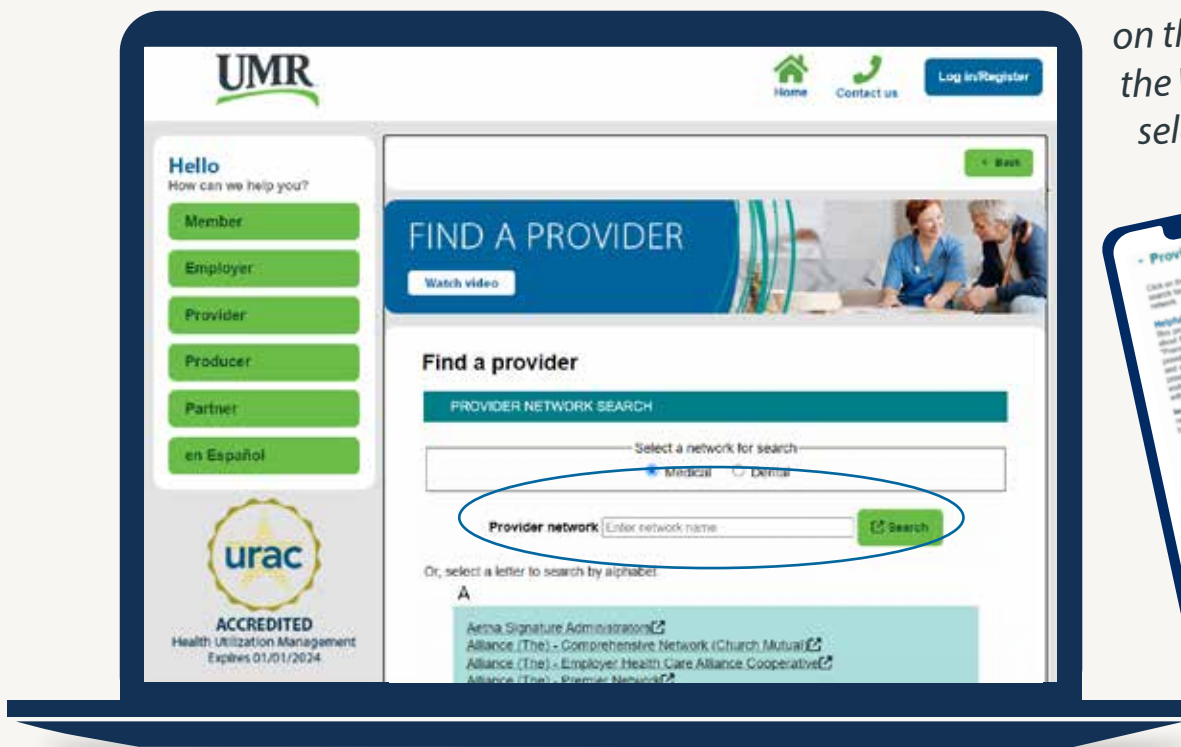
1 Go to **umr.com** and select **Find a provider**



2 Look for the name of your provider network on your **ID card**

3 Begin a search for your provider network using our alphabet navigation, or type the name into the **search box**

*Find a provider on the go. Log in to the **UMR app** and select **Find care***



Don't have your ID card handy?

That's OK. If you log in to **umr.com** or the **UMR app**, you will be directed to your in-network provider listing.

